



EVIDENCE

SUPPORTING THE NECESSITY FOR TREASURE HUNT

Collated By

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לעלוי נשמת ר' אליעזר בן ר' יצחק ור' מרדכי בן ר' צבי ת.נ.צ.ב.ה.

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MENTAL AND EMOTIONAL HEALTH PROBLEMS ON THE RISE

1. 'In 2020, one in six (16.0%) children aged 5 to 16 years were identified as having a probable mental disorder, increasing from one in nine (10.8%) in 2017. The increase was evident in both boys and girls.'
<https://digital.nhs.uk/data-and-information/publications/statistical/mental-health-of-children-and-young-people-in-england/2020-wave-1-follow-up>
2. 'The increase in probable mental disorders was evident both in boys and girls aged 5 to 16 years. In boys, the rate increased from 11.4% in 2017 to 16.7% in 2020. In girls, it increased from 10.3% in 2017 to 15.2% in 2020.'
https://files.digital.nhs.uk/AF/AECD6B/mhcyp_2020_rep_v2.pdf

INABILITY TO NAVIGATE STRUGGLES I.E. RESILIENCE MATTERS

1. As work gets more ambiguous, younger generations may be less equipped for it
<https://theconversation.com/as-work-gets-more-ambiguous-younger-generations-may-be-less-equipped-for-it-105674>
2. The age of anxiety? The birth cohort change in anxiety and neuroticism, 1952–1993.
<https://psycnet.apa.org/record/2000-16701-013?doi=1>
3. Comparing Millennials to pre-1987 students and with one another
https://www.researchgate.net/publication/230683045_Comparing_Millennials_to_pre-1987_students_and_with_one_another
4. Generational differences in soft knowledge situations: status, need for recognition, workplace commitment and idealism - Busch - 2008 - Knowledge and Process Management
<https://onlinelibrary.wiley.com/doi/abs/10.1002/kpm.298>

QUICK FIX GENERATION CAUSING ISSUES

1. Fame the career choice for half of 16-year-olds
<https://www.independent.co.uk/news/education/education-news/fame-the-career-choice-for-half-of-16-year-olds-1902338.html>
2. This is what American teenagers want to be when they grow up (they don't want to work in offices)
<https://www.marketwatch.com/story/american-teenagers-dont-want-to-work-in-an-office-2017-04-05#:~:text=Few%20teenagers%20want%20to%20work,9%2Dto%2D5%20job.&text=Teenagers%20dream%20big.&text=Another%20%25%20wanted%20to%20work,jobs%20are%20in%20health%20care>

LACK OF CONNECTION

1. Impact of Isolation on Childhood Development
<https://www.verywellfamily.com/impact-of-isolation-on-childhood-development-4843122#:~:text=Social%20Isolation%20and%20Childhood%20Development%20In%20general%2C%20social,this%20may%20pose%20for%20younger%20and%20older%20children.>
2. Loneliness Damages Not Just Children's Mental Health, But Their Grades As Well
<https://www.forbes.com/sites/nickmorrison/2022/02/03/loneliness-damages-not-just-childrens-mental-health-but-their-grades-as-well/?sh=718db8c82b02>
3. Exploring loneliness in children, Great Britain - Office for National Statistics
<https://www.ons.gov.uk/peoplepopulationandcommunity/wellbeing/articles/exploringlonelinessinchildrengreatbritain/2018>
 - a. '45.4% of the children asked said they felt lonely "often" or "some of the time".'
 - b. '11.3% of children said that they were "often" lonely; this was more common among younger children aged 10 to 12 years (14.0%) than among those aged 13 to 15 years (8.6%).'

LACK OF SELF-ESTEEM AND SELF-AWARENESS

1. Top main concern in children 1986-87: sexual abuse
Top main concern in children 2016-17: low self-esteem
[Childline: 30 years of listening to children \(nspcc.org.uk\)
https://www.theguardian.com/lifeandstyle/2016/dec/10/generation-z-latest-data-teens](https://www.theguardian.com/lifeandstyle/2016/dec/10/generation-z-latest-data-teens)
2. 'The authors argue that a decline in academic assets, increased externality and an over-emphasis on self-worth goals adversely affect current students' academic performance.'
https://www.researchgate.net/publication/230683045_Comparing_Millennials_to_pre-1987_students_and_with_one_another

SELF-ABSORPTION AND SELF-CENTREDNESS

1. 'These data show that recent generations are less likely to embrace community mindedness and are focusing more on money, image and fame.'
<https://www.apa.org/news/press/releases/2012/03/fame-giving>
2. 'Their marriage rate is the lowest in years at **26%**. Compare that to 36% for Generation X, 48% for Baby Boomers, and 65% for the Mature Silents. Millennials put marriage off, or avoid it altogether, at higher rates than ever.'
<https://www.goldbergjones-or.com/divorce/divorce-by-generation/#:~:text=Their%20marriage%20rate%20is%20the%20lowest%20in>

[%20years,avoid%20it%20altogether%2C%20at%20higher%20rates%20than%20ever.](#)

3. 'There were 640,370 live births in England and Wales in 2019, a decrease of 2.5% since 2018 and a 12.2% decrease since the most recent peak in 2012.'
<https://www.bing.com/search?q=birth+rates+uk+over+time&qsn&form=QBR&sp=-1&pq=birth+rates+uk+over+t&sc=10-21&sk=&cvid=7657D3DEF80A406AAD8A7B83A8455486&ghsh=0&ghacc=0&ghpl=>
4. 'It appears that the younger the generation you come from the more sexual partners you are more likely to have.'
<https://www.the-sun.com/lifestyle/4479617/average-number-sexual-partners-generation/>

CHALLENGED SOCIAL SKILLS FROM TECHNOLOGY

1. Teens: this is how social media affects your brain
<https://edition.cnn.com/2016/07/12/health/social-media-brain/index.html>
2. How Technology Affects Your Social Skills
<https://libertyclassicalacademy.org/technology-affects-social-skills/#:~:text=%20How%20Technology%20Affects%20Your%20Social%20Skills%20,their%20own%20technological%20world%2C%20it%20can...%20More%20>
3. 'Their desire to play video games just surpassed the time they devoted to reading and writing, bringing down their abilities.'
<https://electronics.howstuffworks.com/family-tech/tech-effects-on-family/5-ways-technology-has-negatively-affected-families.htm#:~:text=5%20Ways%20Technology%20Has%20Negatively%20Affected%20Families%201,Quality%20Time%20...%205%205%3A%20School%20Performance%20>

GENERATION GAP OWING TO TECHNOLOGY

1. 'Between responding to e-mails during kids' activities, texting at meals, and constant phone time while driving, parents use technology almost as much as teens. This dynamic creates feelings of jealousy and distress in children since they now have to compete for both their parents' time and focus.'
<https://electronics.howstuffworks.com/family-tech/tech-effects-on-family/5-ways-technology-has-negatively-affected-families.htm#:~:text=5%20Ways%20Technology%20Has%20Negatively%20Affected%20Families%201,Quality%20Time%20...%205%205%3A%20School%20Performance%20>
2. 'While teenagers and young adults under age 30 use the Internet to find information, socialize, play, shop and perhaps conduct business, older users visit government websites or seek financial information online.'

https://www.huffpost.com/entry/from-gen-x-to-y-and-z-tec_b_7645410

3. 'Adults are largely passive or semi-active users of social media as seen in that adults typically add contacts only on request while adolescents actively seek new friendship.'

https://www.huffpost.com/entry/from-gen-x-to-y-and-z-tec_b_7645410

4. 'The dinner time is also interrupted by technology, with people eating after they have finished chatting or working. Regardless of when they are having dinner, everyone will be glued to their personal screens.'

<https://niddarohaila.com/#:~:text=Negative%20impacts%20of%20technology%3A%201%201.%20Too%20much,...%206%206.%20Setting%20the%20wrong%20example%3A%20>

5. 'One will suffer later in life if they believe in spending more time with artificial intelligence than with their family because they believe technology is cooler than their family and can help them gain more freedom and independence.'

<https://niddarohaila.com/#:~:text=Negative%20impacts%20of%20technology%3A%201%201.%20Too%20much,...%206%206.%20Setting%20the%20wrong%20example%3A%20>