



HOW TREASURE HUNT BUILDS RESILIENCE IN THE CONTEXT OF COVID-19

Even before the spread of COVID-19 across the globe, there was already an imperative to build the inner strength and resilience of children and families. The rise of mental health and emotional issues illustrated this critical need as did the dramatic deterioration of family life and societal morality. Treasure Hunt was thus created to serve as both a preventative measure and also as a way to enable children, their teachers and family members to thrive. With the outbreak of an ongoing threat posed by the COVID-19 pandemic, a cataclysmic disruption of all systems has occurred, which has in turn engendered mental health ailments in increasing numbers and with ever greater severity. As a curriculum designed to build the inner strength and resilience in children, Treasure Hunt is more necessary than ever. It anchors children well before they reach the turbulent years of teenhood and has more value now, than at any previous periods.

Treasure Hunt can help to appropriately address the most vulnerable and at-risk groups and strengthen their ability to cope with and recover from the stressful and traumatic effects of the pandemic. It can play a crucial role in this context as a safe, high quality, effective, and affordable initiative which has already been successfully piloted to wide acclaim. Accompanying resources have already been fully designed, alleviating the burden on the teachers, and are immediately available to schools. Treasure Hunt can provide the self-knowledge, skills and tools for children of all backgrounds and can mitigate the knock-on effects of the manifold disruptions relating to COVID-19. The curriculum has been designed to cover two academic years and thereby affords the children adequate time during their schooling to become well integrated with their new found strengths engendered through Treasure Hunt.

The 12 Core Values upon which Treasure Hunt is based, together with its multifaceted and varied approach, which has been tailored to all learning styles, enables children to navigate themselves through life challenges in a reflective and skilful manner. Collaborative enjoyable experiences during lessons bring added joy to their school day. These values also enrich and enhance children's lives.

It has always been our ethos at Treasure Hunt to build children in a fashion, whereby challenges, whether minor disappointments or major traumas, can be overcome, as their strength comes from within. This takes place through a meticulously crafted child development programme which is approved by eminent educators, psychologists and Rabbis in the community.

Our educational, psychological and spiritual theories are holistic and well-grounded in psychological and educational theory and research. Please see our approbations.

לעלוי נשמת ר'אליעזר בן ר'יצחק ור'מרדכי בן ר'צבי ת.נ.צ.ב.ה

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